SLE BRUIN NEW



Homecoming Ticket Pre-Sales

Ticket presales October 3-7

Tickets are on sale during both lunches

October 5-7 tickets will also be on sale starting in the morning

7:00 until 7:25 am and both lunches

ALL Sales are in the cafeteria only

Guest forms must be completed, turned in, signed and ticket purchased by 2nd lunch on Thursday, October 6th

SEPTEMBER/OCTOBER 2016 VOLUME 3, ISSUE 1		HS & Beyond	7
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MOVING? NEW PHONE NUMBER? EMAIL?

Please contact <u>Catherine Shaw</u> in the Main Office for a contact update sheet.

ASB UPDATE

Welcome Back Bruins!

We have had a great start to the year! We had a successful Welcome Back assembly followed by Bruin PRIDE day where students learned all about having pride in and out of school! Students also have had several opportunities to get involved in student government through cabinet and freshman elections. Clubs and sports have open to new student involvement as well. If you have a student who wants to get involved, they still can just have them come to activities center during lunches or after school to ask for more information. Our ASB team is meeting weekly in activities on Tuesdays til about three, anyone is welcome to join!

With the new year, comes homecoming! Homecoming events are just around the corner. Homecoming spirit week is October 3-7, 2016. Homecoming parade, football game and tailgate are on October 7, 2016. Homecoming Dance is on October 8, 2016 from 8:00 pm to 11:00 pm. All students are welcome to participate in all homecoming events. Keep your eyes open for more information coming soon!

For the past couple years, we have picked a theme or slogan for the year, this year the theme is "It's a Bruin Thing." After much deliberation, we decided with this theme it truly showcases the uniqueness that Cascade has just like each student and staff member at Cascade.

Looking forward to working with you and Cascade,

Rayna LaFave-Clark

ASB President



PICTURE RETAKE DAY!

Tuesday, October 18

Lunches in the Cafeteria

Don't like your picture - want a retake?

Just bring your picture packet to the photographer on retake day during lunches.



DELAYED START OR CLOSED SCHOOLS

If we have to cancel school or delay the start of school, we will use our parent communication system to call in the morning after 5:45 a.m. with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. If there is no announcement about Everett Schools, school is on the regular schedule.

More information and resources for school closures or delays is on the district website

under the Parents tab.

In cases of inclement weather or other emergencies, please:

- •listen for media announcements;
- •view the district's website at www.everettsd.org; or
- •call our district information line 425-385-4636.

ROBOTICS NEWS



Even though the school year has just gotten underway, Cascade Robotics has been busy all summer long. In June robotics ran a yard sale in coordination with Windermere Real Estate at their Edmonds location. The yard sale was a huge success, and we were able to raise over \$2000 for robotics! The robotics club would like to thank everyone that donated items for the yard sale, and the money will go towards helping Cascade further open a future for student's interested going into STEM careers. Last year, robotics was able to gain important sponsorships from both Crane Aerospace and Qualitel, and this year robotics hopes to do even more. The team is aiming to attain sponsorships from

other Boeing suppliers in the Everett-Mukilteo area such as Fluke and Electro-Impact.

As the school year unfolds and the robotics season begins, the team will attempt to attend the state championships for the 4^{th} consecutive year, all while having fun and gaining important skills that will provide students with a competitive edge throughout their careers.

Again thank you to all of the people that helped make the yard sale a huge success and thank you to all the people that help make robotics a better place for everyone!

WELCOME NEW BRUIN STAFF!

Katherine Asiaf - French

Leiann DeVelder - Counselor

Lance Groesbeck - Math

Andrea Hamilton - GOAL

Chance Norris - PT

Megan Puff-Simmons - Psychologist



Nancy Ridenour - Science

Catherine Shaw - Data Records Secretary

Kristin Walker - Achieve

Claire Wambold - Math

Susan Wilson - Science

Kathryn Wirtz - Life Skills

2017 GRADUATION VENDOR



Welcome to Jeff Woods and Louis Bremond of Herff Jones! They will be presenting the various options to the Class of 2017 for the graduation announcements, class rings, caps and gowns and other items for graduation.

Seniors make sure to attend your first senior meeting on <u>October</u>

13th at 9:19 am in the

<u>cafeteria</u> and pick up your graduation information packet.

Herff Jones Contact Information

Telephone: 425.488.7213

Website: highschool.jerffjones.com
Email: jawoods@herffjones.com
Address: 12027 Perkell Everytt Herr: #

Address: 13027 Bothell Everett Hwy #E

Everett, WA 98208

Ol

P.O. Box 82462, Kenmore, WA 98028

Class of 2017 Timeline

- SEPTEMBER -

- 9 Senior Homecoming Nomination
- 30 Homecoming Decorating

OCTOBER —

- 3 Homecoming Videos and Voting
- 5 Homecoming Car Bash/Bonfire
- 7 Homecoming Football Game
- 8 Homecoming Dance
- 12 Curriculum Night
- 13 Senior Class Meeting Cafeteria—9:19 am
- 18 Senior Night & High School and Beyond 5:30 p.m.
- 18 Cap & Gown Orders Taken During Lunches
- 20 Cap & Gown Orders Taken During Lunches
- TBD Senior Class Picture

- NOVEMBER -

- 4 College Application Party Day
- 10 Senior Pictures due for yearbook
- 18 Senior Quotes Due

- DECEMBER -

5 — Scholarship Night – CHS @ 7pm

APRIL –

- 3 Grad Ads due for yearbook
- 13 Graduation Announcement Delivery (Lunches)
- 25 Mandatory Senior Meeting Cafeteria 9:19 am

MAY -

25 — Scholarship/Awards Night - Gym @ 7:00 p.m.

- JUNE -

TBD - Senior Ball

9 & 12 - Senior Finals

13 — Moving-Up Assembly

14 — Senior Assembly

- 14 Me & Mom Day Tea 3:00 pm
- 15 Graduation Practice & Cap & Gown Distribution
- 16 Graduation Practice & Jubilation
- 17 Class of 2017 Graduation & Senior Celebration!





"ALL DATES/TIMES SUBJECT TO CHANGE"

EVERETT SCHOOL DISTRICT NEWS

- **Register to vote!** Voter registration information and materials are available in an area in your school's main office. You can also register to vote online at http://bit.ly/VoteRegistration.
- Access to public records Many records and documents in Everett Public Schools are
 available to the public. Parents and other citizens have the right to ask the school district to view
 or have copies made of records defined as "public" under state and federal laws including their
 own student's records and public records about discipline of school employees. Everett Public
 Schools public records requests are handled by the district's finance and business services
 office. Records can be requested by writing that office at PO Box 2098, Everett, WA 98213,
 sending an email to publicrecords@everettsd.org or calling 425-385-4150.
- Your student's records are confidential Everett Public Schools takes very seriously its
 duty to protect student records and privacy. Student transcripts and other education-related
 records are protected by multiple security measures. Only those teachers, administrators and
 other staff members who work directly with the student and have an educational need to know
 about the student have access to individual student records. Staff members are expected to
 maintain confidentiality about information contained in a student's records.
- Change to vaccination requirements Students in kindergarten through 12th-grade now need 2 doses of Varicella (chickenpox) vaccine or have a health care provider document that they have already had chickenpox. Review vaccination requirements for your child on this <u>one-page quide</u> from Washington State Department of Health.
- Safety tip line Do you or your student have a concern about someone who may be experiencing bullying or harassment? Or perhaps heard a rumor about someone bringing a weapon or drugs to school? Report it! You can talk directly with your school's office or you can call, text or email your concern.

3 easy ways

Text or call

3 855-637-2095

Nttp://1350.alert1.us

If there is reason for concern about safety on a designated walkway to school, calling **9-1-1** immediately will get authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

Presidential Inauguration Trip

Cascade will be taking our 3rd group of students interested in attending the next Presidential Inauguration Trip.

If you are interested stop by room 617 to pick up an information packet.

You may also contact Ms. Webster at mwebster@everettsd.org

EVERETT SCHOOL DISTRICT NEWS (CONTINUED)

School breakfast prices increased by a quarter this fall.

New prices will be:

Middle and high schools - \$1.50

Elementary schools - \$1.25

 Student opportunities and activities eflyers - We email approved flyers from community organizations to guardians through a system called <u>Peachjar</u>. The flyers are also posted on each school's website. Look for the Peachjar button in the



Quicklinks section of the school homepage to view flyers and register others who might also want to receive the flyers.

- Kids in Transition program in Everett Public Schools The Kids in Transition (KIT) program supports students who qualify as homeless under federal McKinney-Vento legislation. Students who lack a fixed, regular, or adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success and extra-curricular participation. We ensure homeless students have school supplies and provide tutoring or facilitate student participation in extended day or summer school classes. We help students participate in activities such as sports or clubs by paying required fees. KIT provides transportation for eligible students to maintain school stability, as long as the commute is feasible. Last year, Everett Public Schools served over 1,100 homeless students at some time during the school year. For more information, visit the KIT website or contact Amy Perusse at 425-385-4032 or aperusse@everettsd.org.
- ECEAP preschool accepting applications for 2016-17 Everett Public Schools' Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three-and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and provides family support and health and nutrition services. It is funded by the Washington State Department of Early Learning. The five ECEAP sites within our school district are Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Space is limited apply early! For an application or more information, please call 425-385-4628.

3 ways to stay in touch - At the bottom of any district webpage, you can sign up for InTouch announcements right to your email box about twice a month. You can also follow us on Facebook and follow us on Twitter.

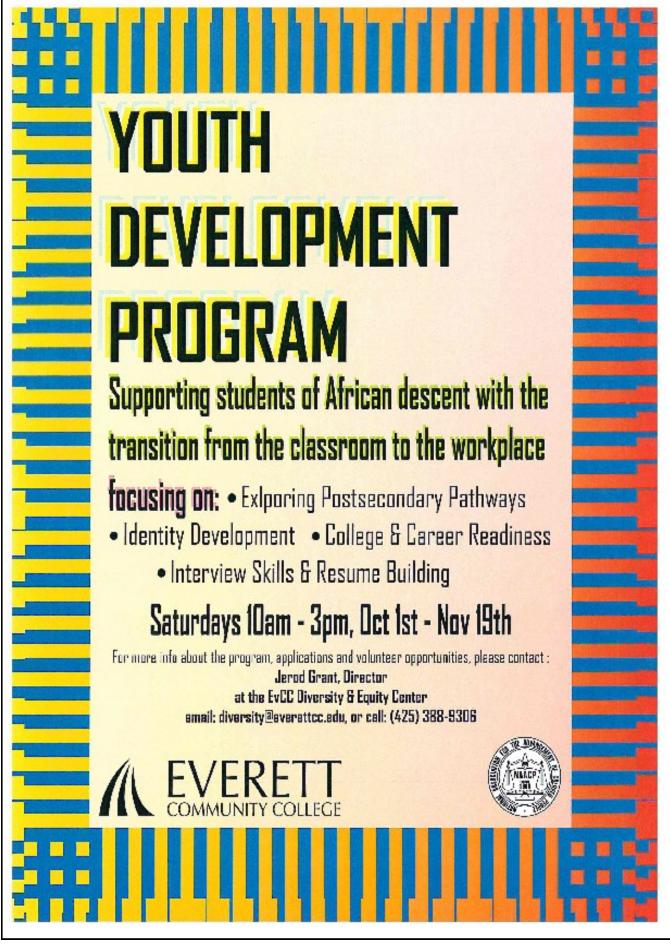






Class of 2017 Meeting 9:19 a.m. Cafeteria





2016-17 CASCADE HIGH SCHOOL SCHEDULES

REGULAR

1st Bell 7:25 1st 7:30 - 8:22 2nd 8:27 - 9:19 PAWS 9:19 - 9:42 3rd 9:47 - 10:39

1** Lunch 10:44 - 11:14 4th 11:19-12:11

4th 10:44 - 11:36 2nd Lunch 11:41 - 12:11

5th 12:16-1:08 6th 1:13-2:05 Buses Depart 2:12

LIF EARLY RELEASE

1st Bell 7:25 1st 7:30 - 8:13 2nd 8:18 - 9:01 3rd 9:06 - 9:49

1st Lunch 9:54 - 10:24 4th 10:29 - 11:14

4th 9:54 - 10:39 2nd Lunch 10:44 - 11:14

5th 11:19 - 12:02 6th 12:07 - 12:50 Buses Depart 12:57

AM ASSEMBLY

1st Bell 7:25 1st 7:30 - 8:16 2nd 8:21 - 9:07 3rd 9:12 - 9:13

Assembly 9:22 - 10:06 3rd 10:16 - 10:57 1st Lunch 11:02 - 11:32

4th 11:37 – 12:23

4th 11:02 - 11:48 2nd Lunch 11:53 - 12:23

5th 12:28 – 1:14 6th 1:19 – 2:05 Buses Depart 2:12

PM ASSEMBLY FRIDAY EARLY RELEASE

1st Bell 7:25 1st 7:30 - 8:06 2nd 8:11 - 8:46 3rd 8:52 - 9:28 5th 9:33 - 10:09

1st Lunch 10:14 - 10:44 4th 10:49 - 11:29

4th 10:14 - 10:54 2nd Lunch 10:59 - 11:29

6th 11:34 - 12:10 Assembly 12:20 - 12:50 Buses Depart 12:57

PM ASSEMBLY

1st Bell 7:25 1st 7:30 - 8:20 2nd 8:25 - 9:15 3rd 9:20 - 10:10

1st Lunch 10:15 - 10:45 4th 10:50 - 11:40

4th 10:15 - 11:05 2nd Lunch 11:10 - 11:40

5th 11:45 - 12:30 6th 12:35 - 1:20 Assembly 1:30 - 2:05 Buses Depart 2:12

2 HOUR LATE START

1st Bell 9:25 1st 9:30 - 10:06 2nd 10:11 - 10:47 3rd 10:52 - 11:28

1st Lunch 11:33 – 12:03 4th 12:08 – 12:43

4th 11:33 - 12:08 2nd Lunch 12:13 - 12:43

5th 12:48 - 1:24 6th 1:29 - 2:05 Buses Depart 2:12

EARLY RELEASE WITH LUNCH

1st Bell 7:25 1st 7:30 - 8:01 2nd 8:06 - 8:37 3rd 8:42 - 9:13 5th 9:18 - 9:49

1st Lunch 9:54 - 10:24 4th 10:29 - 11:00

4th 9:54 - 10:24 2nd Lunch 10:30 - 11:00

6th 11:05 - 11:35 Buses Depart 11:42

FOOD DRIVE

1st Bell 7:25 PAWS 7:30 - 7: 59 1st 7:59 - 8:50 2nd 8:55 - 9:46 3rd 9:51 - 10:42

1st Lunch 10:47 - 11:17 4th 11:22-12:13

4th 10:47 - 11:38 2nd Lunch 11:43 - 12:13

5th 12:18-1:09 6th 1:14-2:05 Buses Depart 2:12

EXTENDED PAWS

 Ist Bell
 7:25

 1st
 7:30 - 8:15

 2nd
 8:20 - 9:05

 EXT PAWS
 9:05 - 10:10

 3rd
 10:15 - 11:00

1" Lunch 11:05 - 11:35 4th 11:40- 12:25

4th 11:05 - 11:50 2nd Lunch 11:55 - 12:25

5th 12:30-1:15 6th 1:20-2:05 Buses Depart 2:12

First & Second Semester Lunches

1st Lunch 1, 2, 3, 4

2nd Lunch 5, 6, 7 & Auto

Classroom Presentations

1st Period 7:05—7:15

2nd Period 7:20—7:30

3rd Period 7:35—7:45

4th Period 7:50—8:00

5th Period 8:05—8:15

6th Period 8:20—8:30

801 East Casino Road Everett, WA 98203 (425) 385-6000 FAX (425)385-6002 www.everettsd.org/chascadehs

It's a Bruin Thing...



CASCADE HIGH SCHOOL CURRICULUM NIGHT



September 29, 2016

6:00-6:40 p.m.

- * AIDS Curriculum Screening Room 401
- * Spirit Wear Sales
- * Clubs
- * Student Schedules Cafeteria
- * Refreshments Cafeteria

<u>6:45-7:00 p.m. - Cafeteria</u>

st Welcoming comments from Principal Woods

7:05-8:30 p.m.

* Classroom Presentations

NEW AT CHS...LINK CREW!

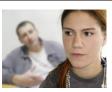


This year is the first year of the new Link Crew program at Cascade High School. Link Crew is a freshmen transition program designed to pair up upper class mentors with the incoming freshmen in order to ensure social and academic success for their first year in high school. We currently have about 100 Link Leaders that consist of juniors and seniors, who have trained over the summer to be ready for the incoming freshmen.

The first event of the year was the freshmen orientation assembly, where we had over 80% of the freshmen class in attendance. Students were introduced to their peers, met their mentors, went on a campus tour, and were provided their schedules. The mentor relationship continued on the first day of school when the entire Link Crew group stood in the freshmen section during the opening assembly.

This program will provide continued support for the remainder of the school year, which will consist of social events, mentor check-ins, and academic support. We look forward to watching this program grow in the upcoming years!

PARENTING OUR TEENS



Do you ever feel like asking your teen, "Who are you and what have you done with my child?" Perhaps you're wondering where that boy went to that used to tell you everything or the girl who wanted to hang out with you. Now that they've hit their teens, our role with them, although very important, has changed. In the words of Michael Riera, Ph.D, a leading authority on understanding teenagers, "the job of a parent of a teen is to get fired as our kids' manager and to

get rehired as their consultant." Easier said than done though. How do we go from being the manager of our child's life to letting go and coaching our son and daughter as they learn to take charge of their own lives? Whether they are 14 or 17, our hope for them is that they become caring and independent adults. We have a few shorts years to guide them before they launch out in the world. These adolescent years are a time of transition and can be both exciting and challenging for families.

To transition from manager to consultant does not means "hands off" parenting. It does not mean that our job is done. Even though their peers are very important to teens, an involved, connected parent is shown to protect teens from many risky behaviors. Parenting a teen is an intentional type of parenting marked by listening, being available during the times they want to talk, asking them deep thinking questions and being on the side lines like a coach. Kids who believe they can seek the counsel of their parents are more likely to grow into caring, resilient adults.

Leslie Brent, Student Support Advocate, <u>LBrent2@everettsd.org</u>, 425.385.6017.

Student Log in for Naviance>Family Connection Account:

Go to your school's **Naviance**>**Family Connection** website below:

CASCADE HIGH SCHOOL

⇒ Enter your **username**: **Student ID number**



⇒ Enter your **password**: Password code is **xxxx-last four digits of student ID and XX Birthday**

day (Example: 999321)

⇒ Click the **Log In** button.



CASCADE HIGH SCHOOL

Attendance Policies

Welcome to the 2016-2017 school year.

Please read the information below so you are aware of how Attendance is taken at the high school level as it differs from elementary/middle school level.

Lisa Haines, Attendance Secretary (425) 385-6004

To excuse an absence or tardy, please use the following e-mail address:

chsattendance@everettsd.org

⇒ Written notes are required to excuse a student's absence from school.

A written note can be in the form of an email to chsattendance@everettsd.org or fax (425) 385-6002. Phone calls or voice mails will not excuse an absence or tardy.

Upon coming to school late or leaving early students are required to sign in and sign out of the Attendance Office. If a student is late to school, even if it is during passing time or lunch time, they are required to come to the Attendance Office to sign in and receive a pass to class.

Students are not allowed to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

<u>Do NOT text or call your student during class to have them leave</u>. Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

⇒ Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning. If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it the next morning.

Notes must be turned in within 48 hours after a student returns back to school, not including holidays or weekends, in order to have the absence excused. Notes turned in past 48 hours can still be turned in; however, the absence is not excused and will be coded with *LN* for late note.

- ⇒ IF you receive a phone call saying your student was marked absent in a class and they say to you, "I was there," please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission t change an absence that is deemed a "mistake" as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 48-hour rule does not apply for fixing these mistakes.
- ⇒ If your student is out of school <u>over 5 days due to illness, a doctor's note is required</u> to excuse the <u>absence</u>. Homework can be requested for students out sick over 3 days. Please be aware that we require 24 hour's notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- ⇒ <u>Pre-Arranged absence</u>: If you student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc..., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and teachers and then signed by parent/guardian, student and principal and turned in at least 48 hours prior to the student's absence.
- ⇒ PLEASE know what time your student has lunch or is in a PE class. It is not possible to find your student during lunch and extremely difficult to find them during PE. If you have to pic them up during either of these times, please send a note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- ⇒ Students must sing in and out of the attendance office if they arrive late or leave campus early.
- ⇒ Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence <u>WILL NOT</u> be excused.
- ⇒ The following are valid and acceptable excuses per the Everett School District Attendance Policy:

Illness Emergency (unavoidable emergency)

Appointment Religious Observance

Funeral

CASCADE HIGH SCHOOL

801 E. CASINO RD EVERETT, WA 98203

Tel: 425-385-6000 Fax: 425-385-6002 Website: WWW. EVERETT.K12.WA.US/ CASCADE/



"School of Pride"

IMPORTANT REMINDERS & DATES!

- Sept. 29 ~ Curriculum Night 6:00 pm, Cafeteria
- Oct. 3 ~ HC Videos & Voting
- Oct. 5 ~ Car Bash & Bonfire
- Oct. 7 ~ Homecoming Coronation & Pep Assembly
- Oct. 7 ~ Homecoming Game vs. Mt. Vernon
- Oct. 8 ~ Homecoming Dance
- Oct. 13 ~ Senior Meeting 9:19 am
- Oct. 14 ~ No School Teacher Work Day

- Oct. 18 ~ Picture Retake
- Oct. 18 & 20 ~ Senior Graduation Orders
- Oct. 18 ~ High School & Beyond Night
- Oct. $19 \sim PSAT 10th Graders$
- Oct. 29 ~ Funfest
- Oct. 31 ~ Fall Pride Assembly
- Oct. 31 ~ Costume Volleyball, 2:30 pm





The district shall provide equal educational opportunity and treatment for all students in all aspects of the academic and activities program without regard to race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, veteran or military status, the presence of any physical, sensory or mental disability or the use of a trained dog guide or service animal by a student with a disability.

Designated to handle inquiries about nondiscrimination policies are:

Affirmative Action Office – Carol Stolz, cstolz@everettsd.org, 425-385-4106 Title IX Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063 ADA Coordinator – Becky Clifford, rclifford@everettsd.org,

425-385-5250 Address: 3900 Broadway, Everett, WA 98201

Required legal notices are also available on the district website and in the <u>Student Rights and Responsibilities Handbook</u> that is sent home with each student.

Halloween Funfest

Saturday, October 29 10 am to 1 p.m. CHS Cafeteria

Suggested Donations Of

2 cans of non-perishable food

Or \$1.00 accepted

at the door

to benefit VOA

Proceeds from this event will be donated to VOA, Funds collected are private monies and will be held in trust by the Everett Public School district exclusively for the specified purpose.

